

ATHLETE HANDBOOK



GETTING THERE



AIRPORT

Zwolle does not have an airport. The best options to get to Zwolle if you are taking a flight are the following:

- Amsterdam Airport Schiphol
- Eindhoven Airport

If it's not possible to fly directly to Amsterdam Airport Schiphol or Eindhoven Airport, you can consider the following options:

- Düsseldorf Airport (2,5 hours drive to Zwolle)
- Brussels Airport (3 hours drive to Zwolle)



TRAIN

When you're in the Netherlands, public transportation is the best option to get as fast as possible to the venue and hotel in Zwolle. We recommend to download the free **9292 app**, which will help you to get you as fast as possible to Zwolle by train and bus.

Date: 8, 9 & 10 september

City: Zwolle, The Netherlands

Location: Landstede Sportcentrum

Address: Hogeland 10, 8024 AZ Zwolle

HERE TO CREATE
ZWOLLE
2023



**CITY
TRANSPORTATION**

BICYCLE

The best way to move around the city of Zwolle is with a bicycle. A bicycle will take you from the venue to the city centre within ten minutes. Due to our collaboration with Zwolse Deelfiets you can rent a bicycle with us for the whole weekend.



BUS

Close to both accommodations and the venue is a bus stop which will take you to the city centre. Within the city centre everything is reachable in walking distance. Down below you will find some useful bus information.

OTHER OPTIONS

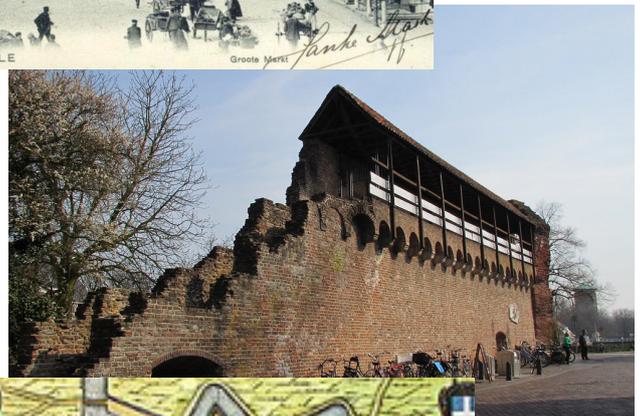
Electric scooters are very popular in Zwolle and is a good way to ride through the city although it is the most expensive option.



ABOUT THE CITY

HISTORIC CITY CENTRE

The historic center of Zwolle is an enchanting mix of medieval charm and beautiful architecture. Located in the province of Overijssel, in the east of the Netherlands, Zwolle has a rich history dating back to the 8th century. The city has a favorable location on the river IJssel, which made it an important trading center in the Middle Ages. The historic city center is characterized by narrow cobbled streets, canals and old city walls, which are reminders of the thriving trading city that Zwolle once was. Visitors can enjoy beautiful historic buildings, such as the impressive Grote or Sint-Michaëlskerk, the medieval city gates and the town hall, which dates back to the 15th century. The historic city center of Zwolle exudes an authentic atmosphere and offers a fascinating insight into the rich history of the city. The city of Zwolle has gone through several important periods over the centuries. In the Middle Ages, Zwolle grew into a prosperous Hanseatic city, where trade and crafts flourished. The city was a member of the Hanseatic League, a network of trading cities in Northern Europe, and played an important role in international trade.



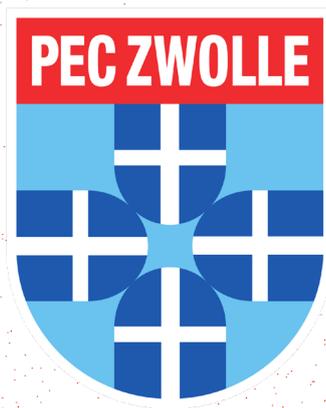
HIP-HOP CAPITAL OF THE NETHERLANDS

The Zwolle hip-hop scene has had a significant influence on the Netherlands. Zwolle is particularly known for the emergence of the rap formation Opgezwolle, consisting of Rico, Sticks and producer/DJ Delic. Opgezwolle brought innovation to Dutch hip-hop with their unique style, lyrical skills and innovative productions. They introduced a raw, introspective and poetic approach to rap lyrics that deviated from mainstream gangster rap. The success of Opgezwolle led to wider recognition of Zwolle's hip-hop scene and opened the doors to other talented artists, which has earned Zwolle the name of the hip-hop capital of the Netherlands.



PEC ZWOLLE

PEC Zwolle, originally founded in 1910, has had an interesting history. Although the club has experienced several ups and downs, one of the highlights was winning the national cup in 2014, with PEC Zwolle beating heavy favorite Ajax with 5-1. Since then, the club has established itself in the Eredivisie and has acquired a stable position in the Dutch football landscape, with a dedicated fan base and a modern stadium, the MAC³PARK stadium, which is located next to the venue of the European Freestyle Football Championships.





ACCOMMODATION SUGGESTIONS





SPORTCAMPUS DE PELIKAAN

Haersterveerweg 2B
Zwolle, The Netherlands

1.1 km away from the venue
3.5 km away from the city centre

About this accommodation

- Group accommodation
- Free wifi
- Shared kitchen

€22,50 per night incl. breakfast



HOTEL LUMEN

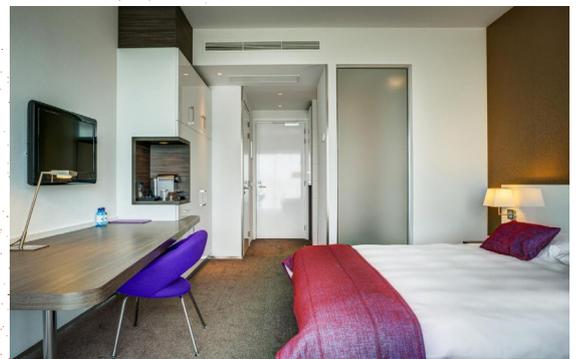
Stadionplein 20
Zwolle, The Netherlands

0.9 km away from the venue
2.9 km away from the city centre

About this accommodation

- Double room
- Free wifi
- In the stadium of local club PEC Zwolle

€50 per night per person excl.
breakfast



CITY MAP

1. Landstede Sportcentrum

This is where all the freestyle battles take place.
The address is Hogeland 10, Zwolle.

2. Sportcampus de Pelikaan

One of the two accommodations of the freestylers.
This is the group accommodation.
The address is Haersterveerweg 2B, Zwolle.

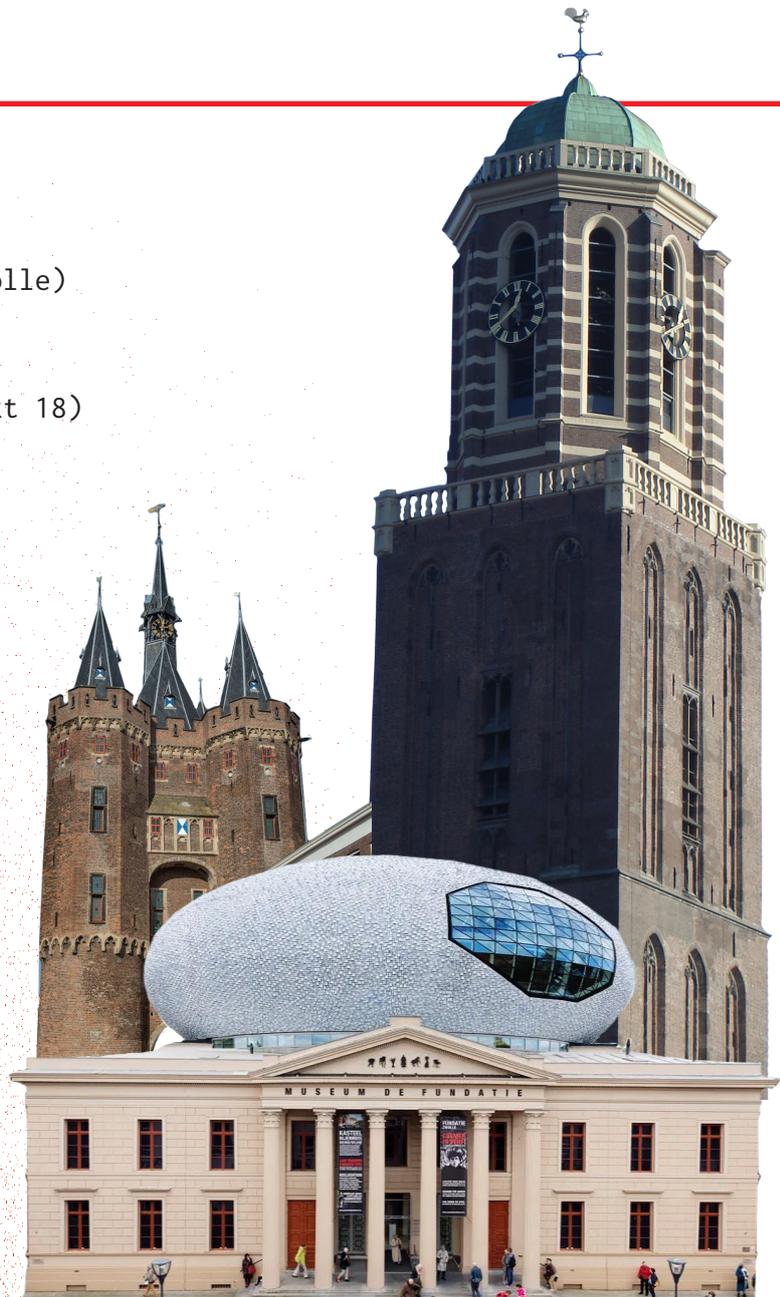
3. Hotel Lumen / PEC Zwolle

This is the other accommodation of the freestylers.
This location is also the place where the local
football club PEC Zwolle is established.

4. City Centre

This is where the city centre of Zwolle is.
Places to visit in the city centre are:

- Sassenpoort (Sassenstraat 53, Zwolle)
- Museum de Fundatie (Blijmarkt 20, Zwolle)
- Central square (Melkmarkt, Zwolle)
- Peperbus (Ossenmarkt 40, Zwolle)
- Acedemiehuis - Grote Kerk (Grote Markt 18)





5. **Park de Wezenlanden**

This is the biggest park of Zwolle and a great place to relax, to train or to have a nice walk.

The address is Wethouder Alferinkweg, Zwolle.

6. **Hospital**

For emergencies, the hospital is around 1 km away from the venue.

The address is Dokter van Heesweg 2, Zwolle.

7. **Most nearby supermarket**

ATTENTION! The supermarket SLIGRO near the venue is not open for freestylers and is only accessible for entrepreneurs.

The most nearby supermarket is called the **COOP**.

The address is of the COOP supermarket is Campherbeeklaan 54-2, Zwolle.



EVENT SCHEDULE

Note that this schedule is made for the maximum number of participants this tournament can feature. The schedule will be updated when registration is closed. If there will be time left on Saturday, this time will be filled by an extra lowers competition.

EVENT SCHEDULE

DAY	START TIME	END TIME	ACTIVITY
8 SEPT	10.00	18.00	REGISTRATION AND CHECK IN
8 SEPT	14.00	16.00	FREESTYLE JAM IN THE CITY CENTRE OF ZWOLLE
8 SEPT	18.00	19.00	OPENING
9 SEPT	09.00	12.15	MALE QUALIFICATIONS
9 SEPT	12.30	13.45	FEMALE QUALIFICATIONS
9 SEPT	14.00	15.15	NEXT GEN QUALIFICATIONS
9 SEPT	15.30	19.15	MALE TOP 64
10 SEPT	09.00	10.45	MALE TOP 32
10 SEPT	11.00	11.50	MALE TOP 16
10 SEPT	12.00	12.50	FEMALE TOP 16
10 SEPT	14.00	16.00	NEXT GEN TOP 16 TO FINALS
10 SEPT	18.00	20.00	FINALS MALE/FEMALE BATTLES
10 SEPT	20.00	20.15	AWARD CEREMONY



COMPETITIVE FORMAT

The judges of the event will be revealed at our socials. The qualifications will be done with three judges. The finals of next gen, female and male battles will be judged by five judges.

RULES

- The regular WFFA rules apply: no hands, no props, 1 ball, no adjusting or changing clothes and no audience on stage during the performance
- Each battle is 3 minutes long: athletes have 3 rounds of 30 seconds, with a tolerance of 3'' to finish the set
- When an athlete is performing inappropriate interferences (i.e. invading personal space) by the other athlete are forbidden
- Athletes may be marked down by judges from making mistakes, any unfair play or bad attitude, repetition and violating the rules

JUDGES

The judges evaluate battles according to five criteria: difficulty, originality, control, execution and all-round

- **Difficulty:** difficult moves, flow, execution, dynamics
- **Originality:** original composition of tricks, unique execution of moves, use of new, unusual or unexpected tricks
- **Control:** general control of the ball on stage
- **Execution:** cleanness, flow, style, dynamics, musicality and attitude
- **All-round:** general ability to perform all parts of sport the best way possible

For all the rules, check out the complete regulation handbook from the WFFA [here](#).



COMPETITIVE FORMAT



COMPETITION

Scania Freestyle Masters - European Open



VENUE

Landstede Sportcentrum



WEBSITE

<https://freestylemasterszwolle.com/>



LIVE STREAM

www.twitch.tv/thewffa



TAGS

@freestylemasterszwolle
@thewffa



HASHTAGS

#scaniafreestylemasters
#zwolle2023
#freestylefootball

Please remember to add the tags and hashtags listed above to all your social posts and stories!

